



# BUILDIN' BIKES

## Program Description

### Overview

Everyone remembers their first bicycle! In this fast-paced team competition, you have the opportunity to build bicycles for children in the local community. Divided into small teams, your group competes in a series of cognitive challenges that test your communication and problem-solving skills. Working together, teams use tools to construct their bicycle, secure a safety check and ensure FUN for the lucky child who will be receiving it! If possible, the kids will be behind the scenes anxiously awaiting the surprise of their life, a new bike! This event is sure not only to challenge your group mentally and physically, it's bound to engage an emotional connection with everyone involved.

### BENEFITS

- Creates a sense of accomplishment by assembling bikes for a local charity.
- Encourages team members to problem-solve together and to coach each other.
- Keeps everyone fully engaged during this action-packed mix of spirited challenges.

### BLEND WITH CORPORATE TRAINING

Buildin' Bikes lends itself to combining various strengths and ideas. Expand this concept through our [Strengths Performance](#) workshop to learn how those strengths transfer to the work environment or share ideas for improvement during [Hybrid SWOT](#).



### NUTS & BOLTS

- Indoor or outdoor
- 1.5-2 hours
- Team size of 10-12 (for challenges) - sub-team size of 5-6 (for assembling bikes); group size of up to 75
- All fitness levels
- Portable





### **INTRODUCTION AND OVERVIEW**

We provide an introduction to the charity that we are supporting and the story behind the kids who will receive the bicycles. Our facilitator presents a timing overview and the teams learn that in addition to assembling bicycles for kids that they are competing for the highest point total.

### **CONTEST ROTATIONS AND BIKE PART ACCRUAL**

Teams rotate through 3 or more challenge locations and depending on their performance win one or more bike parts. Depending on your meeting space we plan for interactive team challenges or tabletop problem-solving activities. The rounds are fast-paced, fun and have the extra incentive of getting that spiffy bike built.

### **TRIVIA CATCH UP**

Teams that missed the mark on earning bike parts have a lightning round of trivia available to gather the needed items.

### **BIKES ASSEMBLED**

Each team greases various parts, tightens the pedals, handlebars and seatposts, mounts the wheels correctly and attaches bling. A safety check is performed by the Adventure Associates staff.

### **WINNING TEAMS ANNOUNCED**

Scoring the quality of the teams attempts at the challenges is a fast and fun scoring endeavor. We congratulate the winners and then focus on the gift of the beautiful bikes.

### **PRESENT THE BIKES TO CHARITY**

We always hope to have the kids on-site to receive the bikes as this is a special moment for these youngsters. For most of them this is their first bike! In some situations, depending on the timing of your program or location, we present the bikes to a charity representative who shares more about their services.

